

Whites Dental

A Patient's Guide to Orthodontic Braces

Leading Orthodontic Dentists In London
Over 1,000 Teeth Straightening Cases



Leading Orthodontic Dentists

Dr Sarmite



- Leading Orthodontic dentist
 - Hundreds of teeth straightening cases
 - Expert in Invisible and Fixed braces
- MSc in Orthodontics
- Full smile makeover expert
 - Composite Bonding
 - Cosmetic Veneers & Crowns
- Expert in Full Mouth Rehabilitations

Leading Orthodontic Dentists

Dr Elliot



- One of UKs Leading Invisalign & Cosmetic dentists
- Top 1% of Invisalign providers in the world - over 1,000 cases
- Invisalign trainer – lectures and trains other dentists
- Smile Makeover expert
 - 25 years of cosmetic experience
 - UKs first few pioneer dentists for Porcelain Veneers
- Post grad training in Orthodontics

Straighter Smile in 6-8
Months ...

Create The Smile You Have Always Wanted ...

1. Braces Process – Start to End
2. Smile Refinement
3. Retention
4. Results
5. Prices

1. Braces Process

The Consultation

During the Orthodontic Consultation, we will -



- Assess you for suitability
- Provide you treatment options
- Discuss likely treatment duration
- Give you a fixed treatment price

We will also take records of your teeth and conduct an assessment of your teeth and gums.

1. Braces Process

Treatment Options

Metal Braces



- Most common type of braces usually made of stainless steel
- Very effective at straightening teeth
- Cost effective treatment

Ceramic Braces



- Similar to fixed braces, but with ceramic tooth coloured brackets
- More discreet, therefore more popular with adult patients

6 Month Smile



- Relatively new orthodontic system popular with adults
- Straightens visible teeth in just a few months' typically
- Uses clear tooth coloured brackets

1. Braces Process

Treatment Options

Damon Braces



- New orthodontic brace system
- Employs newer technology, allowing for faster treatment and less strain to the teeth
- Ceramic brackets

Lingual Braces



- Discreet braces fitted to the inside surface of the teeth
- Completely invisible to others
- Popular with adult patients

Invisalign



- Series of clear, removable and customized braces
- Virtually invisible and completely removable
- Minimal lifestyle impact

1. Braces Process

Treatment Duration

Treatment duration depends on the complexity of your case and brace option you choose to use.

- 80% of brace cases treated within 12 months
- 6 Month Smile cases take 6 months on average. Some cases as little as 3-4 months
- Complex cases can take 15 months

2. Smile Refinement

Refinement At End Of The Treatment

Your teeth should be aligned and the bite correct on completion of braces treatment. You can further perfect your smile with -



- **Composite bonding** is common at this stage to correct minor teeth imperfections that remain - such as uneven edges
- **Veneers** also help to reshape the odd tooth to complete a perfect smile

2. Smile Refinement

Braces & Composite Bonding



A. Before Braces.



B. After Braces.



C. After Braces & Composite Bonding.

2. Smile Refinement

Braces & Composite Bonding



A. Before Braces.



B. After Braces.



C. After Braces & Composite Bonding.

3. Retention

Maintaining straight teeth

This is the most important part, otherwise your straightened teeth won't last. There are 2 retention options -

Essix Retainers



Fixed Retainers



3. Retention

Maintaining straight teeth

Problem with removable retainers is they won't totally prevent rotations from relapsing and teeth can move during the day when you aren't wearing them.



+



Best Practice

- Fixed retainers to hold the front 6 teeth long term
- + Essix retainers to maintain the arch width of the back teeth
- Usually only a lower fixed retainer is recommended

4. Results

Life Changing Results

Case 1



Case 2



5. Prices

Spread the cost with 0% finance

Orthodontic Consultation	FREE
Fixed Braces	from £1,495
Invisalign	from £1,500
Six Month Smiles	from £1,950
Lingual Braces	from £2,495
Damon Braces	from £3,495
Fixed Retainer (per arch)	£250

All brace treatments come with complementary Zoom (3 gel) teeth whitening and Essix retainers worth a total of £299.

5. Prices

Payment Options

Self Funded

- £350 (non-refundable) – once you decide to go ahead
- £950 – to place the brackets and attachments
- Balance paid in equal instalments over the duration of the treatment.

0% Finance

- £350 (non-refundable) – once you decide to go ahead
- Balance paid using 0% Finance over 6-12 months
- E.g. £1,495: £350 + £96/month over 12 month

We will send a link to your phone. Finance application is completed and approved in 2-3 minutes on your phone.

Spread the cost with 0% finance.

We guarantee to impress you with exceptional patient care and service.

Experience you can trust.

Before & After Gallery

1. Mild crowding, twisted teeth

Before



1. After Fixed Braces

Mild crowding, twisted teeth

After



2. Gappy smile

Before



2. After Braces

Gappy smile

After



3. Severe crowding

Before



3. After Braces (life changing)

Severe crowding



4. Overlapping and mild crowding



4. After Fixed Braces

Overlapping and mild crowding

After



5. Mild crowding, irregular teeth



5. After Braces— no crowding, still irregular

Mild crowding, irregular teeth

After



5. After Braces & Composite Bonding

Mild crowding, irregular teeth

After



6. Uneven and overlapping teeth



6. After Fixed Braces

Uneven and overlapping teeth



7. Overlapping, twisted teeth

Before



7. After Braces & Composite Bonding

Overlapping twisted teeth

After



8. Twisted, irregular teeth

Before



8. After Braces & Composite Bonding

Twisted, irregular teeth

After



9. Gappy and scissor bite

Before



9. After Braces & Veneers

Gappy and scissor bite

After



10. Uneven and mild crowding

Before



10. After Braces & Composite Bonding

Uneven and mild crowding

After



Smile With Confidence!