

# Whites Dental

## A Patient's Guide To Oral Wellbeing

### Preventative Dentistry



# Leading Dentists

## Dr Sarmite



- **Full Mouth Rehabilitations**
  - Complex Root Canals (RCT) and re-root treatments
  - Periodontics / gum disease treatments
  - Difficult prosthodontics (teeth replacement) cases
- **Full Smile Makeover expert**
  - Invisible & Fixed Braces
  - Composite Bonding
  - Cosmetic Veneers & Crowns
- **MSc in Orthodontics**

# Leading Dentists

## Dr Deepa



- **Full Mouth Restorations**
  - Complex Clinical Restorations – Crowns and Bridges
  - Root Canals treatments (RCT)
  - Periodontics / gum disease treatments
  
- **Smile Makeover expert**
  - Composite Bonding
  - Cosmetic Veneers & Crowns
  - Invisible Braces

# Leading Dentists

## Dr Elliot



- **One of UKs Leading Cosmetic & Invisalign Dentists**
- **Smile Makeover expert**
  - Over 25 years of cosmetic experience
  - UKs first few pioneer dentists for Porcelain Veneers
- **Periodontics / gum disease treatments**
- **Top 1% of Invisalign providers in the world - over 1,000 cases**
- **Post grad training in Orthodontics**

# Private Dentistry Practised Ethically!

# Welcome to Whites Dental

## 3 Step Guide To Oral Wellbeing



1. Fix Dental Issues
2. Maintain Oral Health
3. Create Your Perfect Smile

# 1. Fix Dental Issues

## Address on-going dental concerns

First and foremost, fix on-going dental issues -

- **Fix tooth decay** before it reaches the nerve
- **Treat bleeding gums** before they worsen
- **Diagnose toothaches** and fix the underlying cause
- **Fit crowns, bridges or implants** if needed

**Tooth decay** and **bleeding gums** are the two most common dental issues we find.



# 1. Fix Dental Issues

Decay, bleeding gums or need an RCT?

## Tooth Decay

Cavities only worsen with time. If left untreated for too long, they can reach the nerve, causing immense pain.

## Bleeding Gums

Bleeding or painful gums are a sign of gum disease. If untreated, it can damage gums and loosen teeth.

## Root Canal

Once decay reaches the nerve, it may result in tooth loss. A root canal (RCT) in time can help save the tooth.



## 2. Maintain Oral Health

Prevent new issues from arising



- **Just a few minor lifestyle adjustments** can significantly improve oral health – be mindful of fizzy drinks & sugary foods
- **Flossing regularly** helps prevent food trapping, reduces chances of tooth decay and gum disease
- **Regularly monitor oral health** – at home and with your dentist

## 2. Maintain Oral Health

### Regular Exams & Hygienist Cleans

#### Regular Check-ups

Keep ahead of the bugs. Treat potential concerns & issues before they worsen and prevent future issues from arising. 6 monthly check-ups really help.

#### Hygienist Clean

A quick and affordable way to keep issues at bay. Maintain oral health, help prevent gum disease and tooth decay by visiting a professional hygienist regularly.

# 3. Create A Perfect Smile

## Fix cosmetic imperfections



- **Straighten misaligned teeth** with Invisalign Invisible Braces
- **Fix minor chips and gaps** with Composite Bonding
- **Reshape that odd tooth** with Veneers
- **Brighten your smile** with Teeth Whitening.
- **Rejuvenate your skin** with dermal & lip fillers

# 3. Create A Perfect Smile

## Straighten misaligned teeth

Straighten teeth discreetly with Invisalign braces.

Case 1



Case 2



# 3. Create A Perfect Smile

## Fix minor chips and gaps

Composite Bonding can fix minor cosmetic issues.

Case 1



Case 2





# 3. Create A Perfect Smile

## Brighten your smile

Whiten your teeth with Zoom & Enlighten whitening.

Case 1



Case 2



# Prices

## Spread the cost with 0% finance

Dental Exam	£55
Hygiene Clean (30 mins)	£65
White Fillings	£100 - £185
Gum Disease Treatment	from £200
Composite Bonding	from £160
Invisalign Braces	from £1,500
Teeth Whitening	from £179
Dermal & Lip Fillers	from £200



96% of patients are extremely satisfied with their treatment at Whites Dental.

We guarantee to impress you with exceptional patient care and service.

Experience you can trust.

**Smile With Confidence!**