

Whites Dental

A Patient's Guide To Oral Wellbeing

Preventative Dentistry



Leading Dentists

Dr Sarmite



- **Full Mouth Rehabilitations**
 - Complex Root Canals (RCT) and re-root treatments
 - Periodontics / gum disease treatments
 - Difficult prosthodontics (teeth replacement) cases
- **Full Smile Makeover expert**
 - Invisible & Fixed Braces
 - Composite Bonding
 - Cosmetic Veneers & Crowns
- **MSc in Orthodontics**

Leading Dentists

Dr Deepa



- **Full Mouth Restorations**

- Complex Clinical Restorations – Crowns and Bridges
- Root Canals treatments (RCT)
- Periodontics / gum disease treatments

- **Smile Makeover expert**

- Composite Bonding
- Cosmetic Veneers & Crowns
- Invisible Braces

Leading Dentists

Dr Elliot



- **One of UKs Leading Cosmetic & Invisalign Dentists**
- **Smile Makeover expert**
 - Over 25 years of cosmetic experience
 - UKs first few pioneer dentists for Porcelain Veneers
- **Periodontics / gum disease treatments**
- **Top 1% of Invisalign providers in the world - over 1,000 cases**
- **Post grad training in Orthodontics**

Private Dentistry Practised Ethically!

Welcome to Whites Dental

3 Step Guide To Oral Wellbeing



1. Fix Dental Issues
2. Maintain Oral Health
3. Create Your Perfect Smile

1. Fix Dental Issues

Address on-going dental concerns

First and foremost, fix on-going dental issues -

- **Fix tooth decay** before it reaches the nerve
- **Treat bleeding gums** before they worsen
- **Diagnose toothaches** and fix the underlying cause
- **Fit crowns, bridges or implants** if needed

Tooth decay and **bleeding gums** are the two most common dental issues we find.

1. Fix Dental Issues

Decay, bleeding gums or need an RCT?

Tooth Decay

Cavities only worsen with time. If left untreated for too long, they can reach the nerve, causing immense pain.

Bleeding Gums

Bleeding or painful gums are a sign of gum disease. If untreated, it can damage gums and loosen teeth.

Root Canal

Once decay reaches the nerve, it may result in tooth loss. A root canal (RCT) in time can help save the tooth.

2. Maintain Oral Health

Prevent new issues from arising



- **Just a few minor lifestyle adjustments** can significantly improve oral health – be mindful of fizzy drinks & sugary foods
- **Flossing regularly** helps prevent food trapping, reduces chances of tooth decay and gum disease
- **Regularly monitor oral health** – at home and with your dentist

2. Maintain Oral Health

Regular Exams & Hygienist Cleans

Regular Check-ups

Keep ahead of the bugs. Treat potential concerns & issues before they worsen and prevent future issues from arising. 6 monthly check-ups really help.

Hygienist Clean

A quick and affordable way to keep issues at bay. Maintain oral health, help prevent gum disease and tooth decay by visiting a professional hygienist regularly.

3. Create A Perfect Smile

Fix cosmetic imperfections



- **Straighten misaligned teeth** with Invisalign Invisible Braces
- **Fix minor chips and gaps** with Composite Bonding
- **Reshape that odd tooth** with Veneers
- **Brighten your smile** with Teeth Whitening.
- **Rejuvenate your skin** with dermal & lip fillers

3. Create A Perfect Smile

Straighten misaligned teeth

Straighten teeth discreetly with Invisalign braces.

Case 1



Case 2



3. Create A Perfect Smile

Fix minor chips and gaps

Composite Bonding can fix minor cosmetic issues.

Case 1



Case 2



3. Create A Perfect Smile

Brighten your smile

Whiten your teeth with Zoom & Enlighten whitening.

Case 1



Case 2



Prices

Spread the cost with 0% finance

Dental Exam	£55
Hygiene Clean (30 mins)	£65
White Fillings	£100 - £185
Gum Disease Treatment	from £200
Composite Bonding	from £160
Invisalign Braces	from £1,500
Teeth Whitening	from £179
Dermal & Lip Fillers	from £200

96% of patients are extremely satisfied with their treatment at Whites Dental.

We guarantee to impress you with exceptional patient care and service.

Experience you can trust.

Smile With Confidence!